

ISIS Newsletter

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Vernal Equinox Celebration

The Dragon Warriors of ISIS's Pagan Celebration

Dayna Winters

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(March 20, 2008) The Dragon Warrior's Coven celebrated Vernal Equinox on March 20, 2008. The majority of our team members are also members in the coven. The coven gathered at the High Priestess's abode, which is the general custom for esbats and sabbats, had holiday ritual, and, of course, feasting was to be had after the ritual celebrations.



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New Case File Released!

(October 7, 2007) The ISIS Paranormal Investigations team set out to conduct an investigation after being contacted by the sister of a woman living in North Adams, Massachusetts with complaints about paranormal activity and unexplained events. The woman, (herein to be identified as Nicole to protect the client's identity per her request) desired an investigation to look into the strange events she was experiencing. Nicole has been living at the location for nearly a year, and estimates the age of the location to be several hundred years old, having been erected in 1869-1870. Nicole also estimates that the location has had at least eight or nine owners since the mid-1970s. No prior clergy had been contacted before Nicole contacted our team; and the home had never been blessed to the best of her knowledge.



I was afraid to sleep in the room...All night long I heard breathing, like a child running up stairs and the heavy foot-steps of an adult following closely behind. Over the course of the night I felt like someone was looming over the bed. I had the same feeling the next night. I felt something grab me that night.

Physical complaints reported by the client included unexplained nausea, headaches, difficulty sleeping, restlessness, and "shakiness" (possibly associated with anxiety). Nicole also informed our team that she often

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Origins and Traditions of Vernal Equinox

Understanding the Meaning behind the Holiday

Vernal Equinox is known as Spring Equinox, or Ostara and the pagan holiday is celebrated annually every March. Vernal Equinox is the day of the year that denotes the commencement of the spring season. In contrast, Candlemas is celebrated at the beginning of February and the holiday celebrates the first stirring of spring and the promise that the light will return. An equinox marks the time of year when the daytime and the nighttime equal each other in length; it is the moment in time just before the day or night dominates its counterpart, depending on the time of the year. During Vernal Equinox, the daylight will turn and begin to dominate the darkness once more – the hours of the day will increase and the length of the day will become longer. Conversely, Autumnal Equinox or Fall Equinox marks the time of year when the wheel of the year turns again and the darkness begins to dominate the light. The daylight hours will be fewer and the nighttime will increase in length.

The word Equinox has its roots in the Old French *equinoxe*, and the Latin *æquinoctium* (“Equinox”). During the Middle Ages, the term *equinox* was written as *equinoxium* and literally means “equality between day and night” (“Equinox”). Spring Equinox marks the time of year when we celebrate the rebirth of the solar deity. As the power of the sun increases, life is renewed, and pagans that attune themselves to the earth’s cycle find reason to celebrate! When Vernal Equinox arrives, it is a signaling that winter has ended and that everything will be reborn – the signs of rebirth are everywhere, in the trees, the flowers, and in nature. The aspect of the Goddess associated with Vernal Equinox is the maiden – she is youthful, vibrant, and ever-young.

The word *æquinoxe* appears in the English language as early as 1588. There is indication however, that Geoffrey Chaucer referred to the term Equinox in 1329, in his *Astrolabe, A treatise on the c 1391*: “And ther-fore ben thise two signes [Aries & Libra] called the equinoxiiis” (“Equinox”). In 1629, Richard Bentley notes in his Boyle lectures that

“The months of March and September, the two æquinoxes of our year, are the most windy and tempestuous” (“Equinox”). The latter notion is interesting if one considers that the winds of change are brewing when the equinoxes arrive.

Find out more about Vernal Equinox and traditions associated with the holiday at:

www.isisinvestigations.com/Article_Vernal_Equinox.html



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Journaling and the Paranormal

Documenting paranormal experiences as events happen is critical, and is particularly important to those individuals interested in the study of paranormal phenomena. With proper documentation, it may become possible to better define what events are happening. Read more about the importance of documenting paranormal events as they happen at:

http://www.isisinvestigations.com/Article_Journaling_Parormal_Experiences.html



CALENDAR OF EVENTS

SPECIAL EVENT

PLACE: NORWOOD, MASSACHUSETTS

DATE: MARCH 16, 2008

The ISIS team will conducted an investigation into claims of paranormal activity in a private home located in Norwood, Massachusetts. Stay tuned to see if evidence is discovered!

PLACE: PARANORMAL RADIO WITH CAPTAIN JACK

DATE: APRIL 9, 2008

TIME: 9PM – 1AM EST

The cofounders of ISIS, Dayna Winters, and Patricia Gardner will be guests on Paranormal Radio with Captain Jack.

sensed a male spirit or presence, one that was angry: primarily located in the upstairs portion of her home. Shadows have also been seen in the same location; Nicole has heard unexplained banging and has felt the bed shaking on various occasions. Downstairs neighbors living below Nicole have told her that they could hear footsteps walking around upstairs in Nicole's home when no one was at the location. Nicole further asserts that she senses the angry male presence primarily in her bedroom or within the hallway upstairs. According to Nicole, her child has also complained about unexplained events.

View our entire case write up, photos, and listen to the EVPs associated with our North Adams, Massachusetts investigation here:

http://www.isisinvestigations.com/Casefile_North_Adams_MA_2007.html



-"Una quae, es omnia, dea Isis."

-Being One, Thou Art All, Goddess Isis."

-From ISIS Magic by M. Isidora Forrest-

Case file Release: Schenectady, New York: Private Location

(March 9, 2008, Schenectady New York) The ISIS Team investigated a private residence in Schenectady, New York after being contacted by a couple living at the location that reported experiencing an increase in unusual and unexplained events. Jason, age 18, and his girlfriend Heather, age 19, had been living at the location for a period of two months when they noted several odd events that caused them concern. Heather first noticed the fact that the bathroom cabinets beneath the sink were always open every morning, despite the fact that they were closed the evening prior, and Heather and Jason witnessed a candle fly off the top of the television without aid on several occasions. The distance the candle traveled was estimated to be about five feet and the candle was not lit at the time of the event. Visitors to the location have complained about seeing the apparition of a girl in the bathroom of the location; and some visitors have reported the feeling of being touched by something unseen in the bathroom of the site.

Heather's sister spent the evening at the location and reported hearing an unidentified voice telling her to wake up. The voice repeated, "Wake up, Wake Up!" Heather's sister believed it was Heather trying to wake her, claiming the voice to be that of a female, but Heather was not present at the location during the incident. In addition, there are reports of items suddenly disappearing at the location and turning up in unusual locations; Heather's sister had a ring that disappeared and for a week the ring remained lost. Heather then found the ring while cleaning – it was discovered beneath one of the burners of the stovetop in the kitchen. This latter occurrence parallels the assertions of another tenant residing in the same building; a man living in the building reported that his keys went missing, only to be later found beneath one of the burners on the stove. Heather's keys disappeared and after searching for them, the keys "just appeared on the side of the couch." Finally, Heather and Jason report an incident when the two were quarrelling. During the disagreement, the radio was on and shut off by itself.

Get the full case write up, access to photos, and access to EVPs at:

http://www.isisinvestigations.com/Casefile_Schenectady_NY_2008.html

Book Reviews:

Take a look at some of the reading suggests by our team members for the month of April:

Be Like Water by Joseph Cardillo

Be Like Water: Practical Wisdom from the Martial Arts by Joseph Cardillo is a 160 page non-fiction work that offers solid instructions for improving one's life via the implementation of martial arts philosophy. Cardillo's text and its teachings are derived from his own life experiences and martial arts training.

Read the full review offered at:

http://www.isisinvestigations.com/Review3_Be_Like_Water.html

Miscellaneous Texts:

Blaze by Stephen King writing as Richard Bachman

Blaze, a 384-page novel by Stephen King, is a must read for every bibliophile. It is inconceivable that this novel became a trunk novel; it should have been dusted off and published years ago. In fact, many readers that take up *Blaze* will agree that the text should have never been stashed away in the first place. *Blaze* is truly a remarkable piece of work: one that a reader has come to expect from King. To think that this book remained hidden away for so many years before Stephen King even thought about publishing the text: the notion seems almost criminal.

Read the full review at:

http://www.isisinvestigations.com/Review4_Blaze.html

Are Orbs Paranormal?

While there are numerous paranormal groups and investigators that assert that orbs in pictures are the product of mundane causes only and have absolutely nothing to do with the paranormal, and that orbs cannot therefore be categorized as something unexplained; there are just as many ghost hunters and ghost researchers that argue the opposite. There have been countless researchers proving to the world how easily orbs can be reproduced by photographing floating dust particles, water particles, and other materials. In essence, researchers are falling on either side of the fence: asserting the validity or non-validity of orbs, while few investigators remain on the fence to see if new discoveries can support one side of the orb debate better than the other. As of this date, there are even entire campaigns being run by some investigators and ghost hunting enthusiasts against the act of acknowledging orbs as something that frequently accompanies the ghostly experience; in truth, the jury is still out on whether or not all orbs can be written off to mundane origins alone.

The questions that boggle the paranormal community and paranormal researchers at this time are "What are orbs?" Are orbs of paranormal significance or are pictures of orbs nothing more than a flaw of the digital cameras currently being produced? Are orbs spiritual orbs: an indication of spirit presence, or, are they, as been previously proven in various experiments, the product of dust, water, and loose particles in the atmosphere: that when captured in the camera lens produce a reflective light and exhibit orbs in pictures? Do orbs in pictures have anything to do with paranormal events at all whatsoever?

Read more at: http://www.isisinvestigations.com/Article_Are_Orbs_Paranormal.html

Paranormal Radio with Captain Jack

On April 9, 2008, team cofounders Dayna Winters and Patricia Gardner are going to be interviewed on Paranormal Radio with Captain Jack. Dayna and Patricia are excited and truly grateful for the invitation from the producers of the show. Be sure to tune in!

Upcoming Interviews and Media Events

The Cofounders of ISIS Paranormal Investigations are scheduled to speak with David James on Psychic Wisdom with David James in May! Check out our May Newsletter for more information!

Dayna Winters is scheduled for an interview with Celtic Whispers Online E-zine in June. View our future newsletters for updated information!

Our team is in the process of establishing a hotline number for people to call in and request an investigation or interview...more information coming soon!

Our Paranormal Team Blogs

Myspace.com: Join the ISIS Paranormal Investigations MySpace blog! If you are a member of the paranormal or esoteric community, or if you are simply interested in the paranormal or magickal practices, visit us at:

http://www.myspace.com/isis_paranormal

IamHaunted.com: Join the ISIS Paranormal Investigations team on our IamHaunted Blog! Interested in paranormal research? Join others with similar interests! Comment on our posts and the posts of others working within the paranormal community! Registration is free! We look forward to meeting you! Visit us at:

http://www.iamhaunted.com/Dayna_Winters

ISIS Blog: Are you interested in learning about the Goddess ISIS? Read about Egyptian Myths associated with ISIS and learn about the various attributes associated with the Goddess ISIS by visiting *The Beauty of Isis*:

<http://beautifulisis.blogspot.com/>

Don't forget, you can always contact our team at:

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